

Swim Team, Team Hours

Jun 2011 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
			3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Dive Practice 4-6 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	
5	6	7	8	9	10	11
4pm - Wahoos Warm-ups	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Dive Practice 4-6 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Dive Practice 4-6 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	
12	13	14	15	16	17	18
4pm - Wahoos Warm-ups	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Dive Practice 4-6 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Dive Practice 4-6 4pm - Middle School Practice @ 5pm - Elem. School Practice @	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @ 6pm - Swim/Dive Kickoff Partv	8am - Time Trials 8-12
19	20	21	22	23	24	25
	3pm - High School Practice @ 4pm - Middle School Practice @ 5pm - Elem. School Practice @	Morning Practice Starts 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - Pasta Partv	7am - A Meet @ Wexford Leas @
26	27	28	29	30	1	2
7am - Dive Qualifier @ Covered	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - B-meet @ Fox Hollow @ 51	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - A Meet vs. Westwood	7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - Pasta Partv	

Swim Team, Team Hours

Jul 2011 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 7am - Dive Qualifier @ Covered	27 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	28 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - B-meet @ Fox Hollow @ 51	29 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	30 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - A Meet vs. Westwood	1 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - Pasta Party	2
3	4 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	5 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	6 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - B-Meet vs. Covered Bridge	7 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 9am - Team Pictures 10am - 8 & Under Practice @ Old	8 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - Pasta Party	9 7am - A Meet vs. Whitman
10 7am - Mini Meet 8am - Dive Qualifier @ Haddon	11 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	12 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	13 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - B-Meet vs. Kinaston	14 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	15 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - Pasta Party	16 7am - A Meet @ Riverdel
17 7am - Dive Qualifier @ Home	18 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	19 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	20 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - B-Meet @ Woodstream	21 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old	22 7:30am - 13 - 18 Practice @ Old 8am - Dive Practice 8-10 9am - 9 - 12 Practice @ Old 10am - 8 & Under Practice @ Old 6pm - Pasta Party	23 7am - A Meet @ Chestnut Run
24	25	26 3m Dive Championships @	27	28 4m Dive Championships @	29	30 8am - Cherrv Bowl @ Erlton @
31	1 6pm - Swim Team Banquet	2	3	4	5	6 8am - TriCounty @ Wexford Leas

Swim Team, Team Hours

Aug 2011 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 6pm - Swim Team Banquet	1	2	3	4	5	6 8am - TriCounty @ Wexford Leas
7 8am - TriCounty @ Wexford Leas	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

Swim Team, Team Hours

Sep 2011 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24